

Jorel Gregg

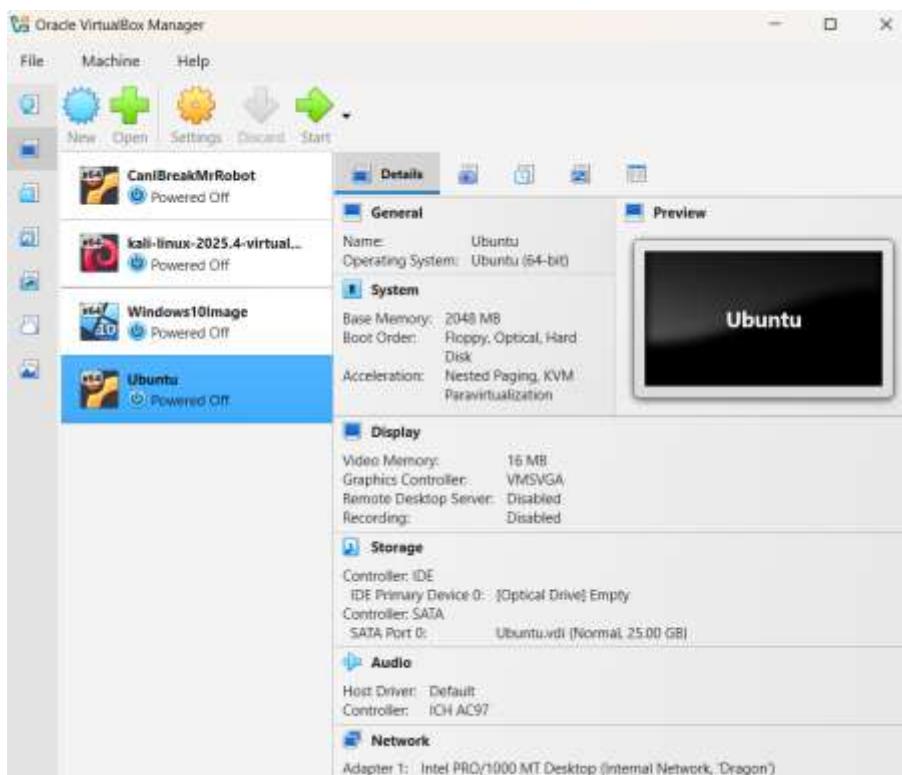
1/14/26

## Initial Wireshark Home Lab

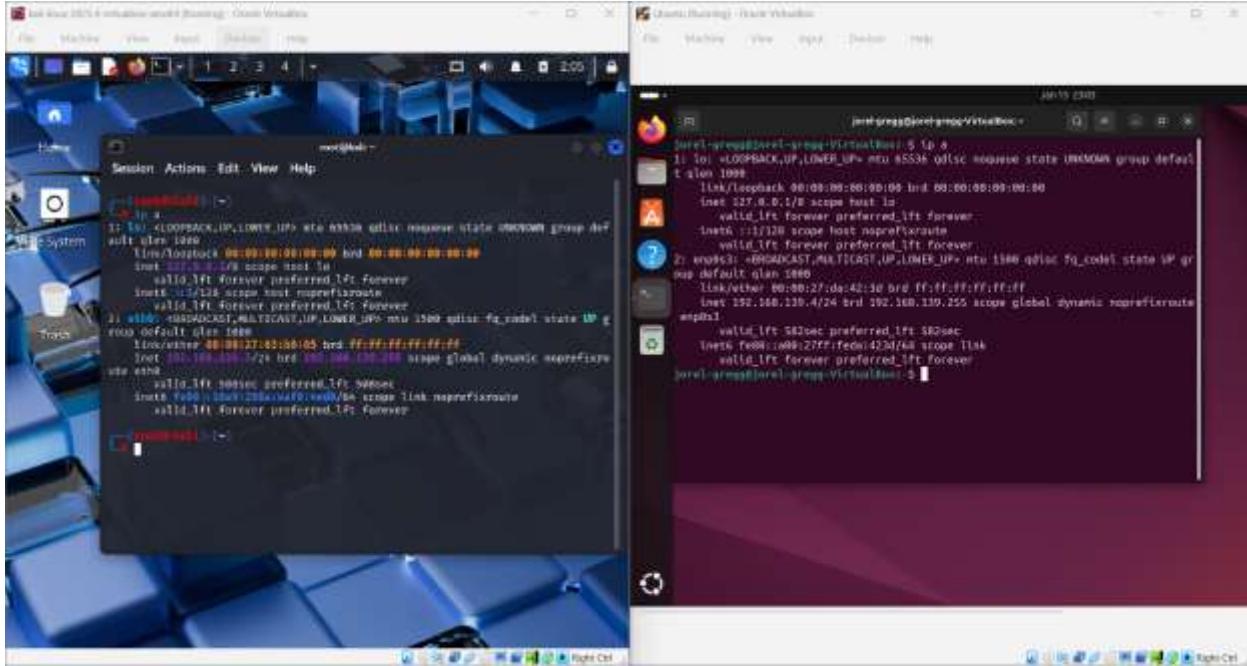
I built a virtual network lab using VirtualBox, Kali-Linux, Ubuntu, and then used Wireshark to analyze network traffic, identify insecure protocols, capture authentication exchanges, detect suspicious behavior, and document findings. I used Wireshark to compare encrypted vs unencrypted protocols and demonstrated how attackers can extract credentials from FTP traffic. I troubleshooted packet capture issues related to host-only networking, Windows permissions, and Npcap drivers. I configured dual-homed virtual machines to securely enable package installation while keeping lab traffic isolated. I managed Linux user accounts and reset credentials while troubleshooting service authentication. I used vsftpd to host an FTP service in a virtual lab and demonstrated how cleartext credentials can be captured using Wireshark. I observed TCP SYN scanning behavior from Kali Linux targeting Ubuntu Server, characterized by repeated SYN packets to sequential ports without full TCP handshakes, consistent with Nmap reconnaissance activity.

Steps:

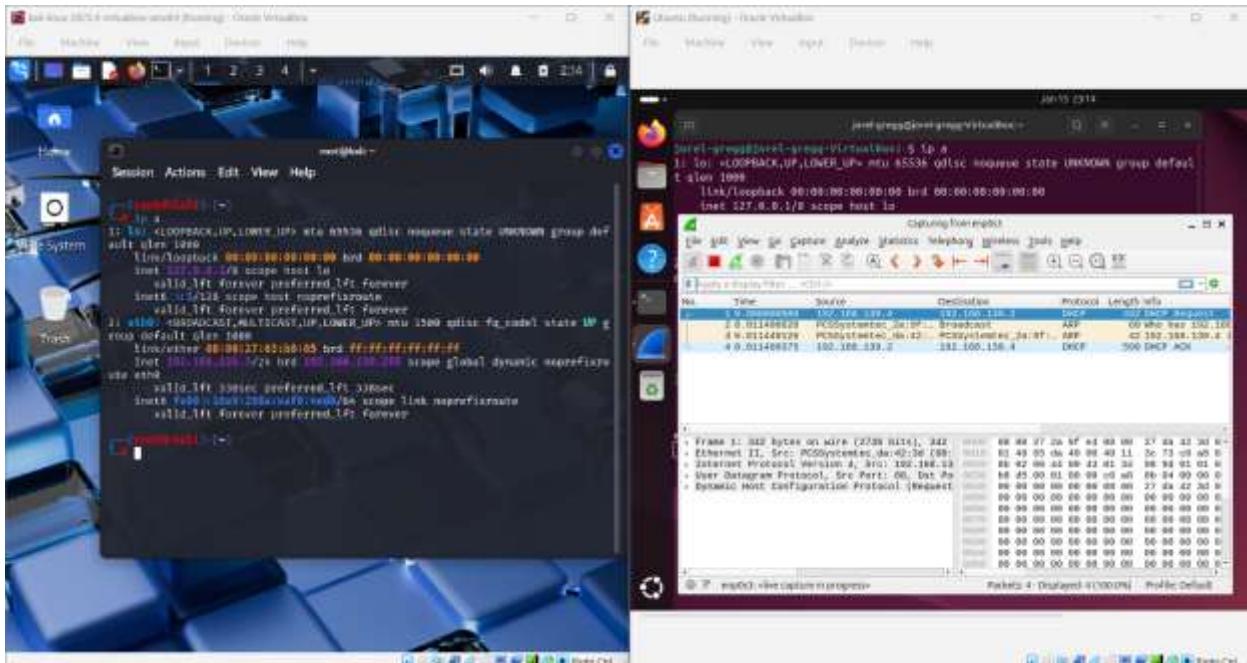
1. I installed Ubuntu-Server on a new VM in VirtualBox and set the network to the host created network by VirtualBox.



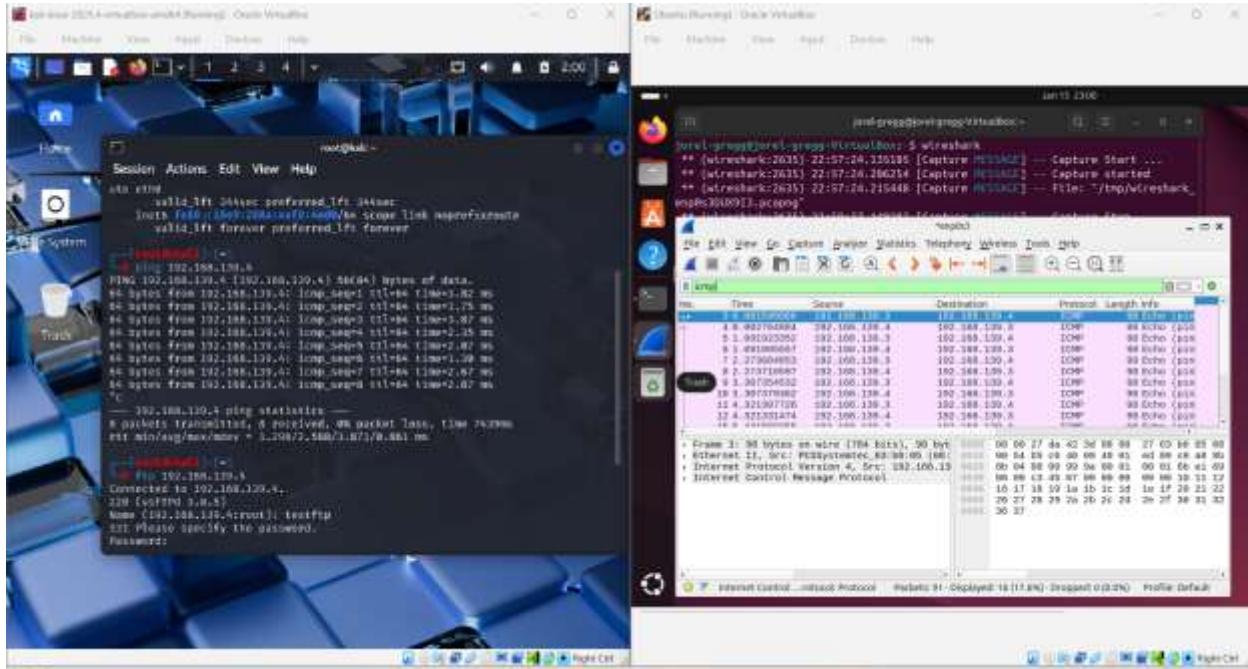
2. Next, I looked up the IP addresses that the host network had assigned my two machines to enable an easier time of just capturing packets via Wireshark.



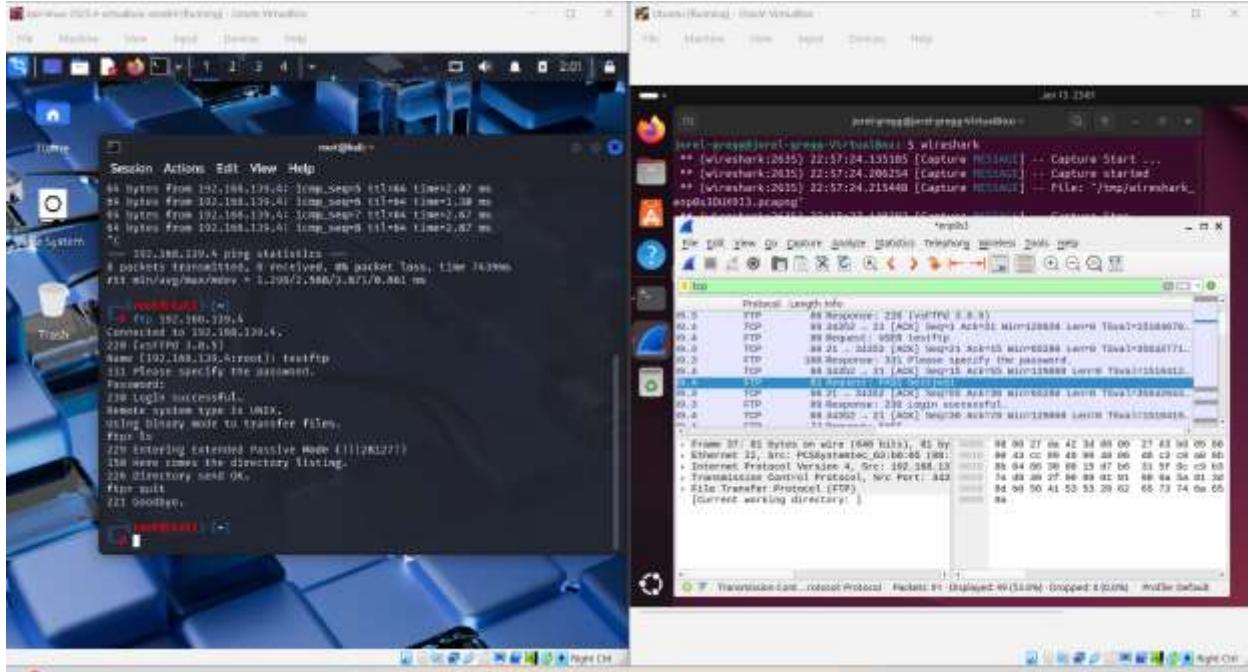
3. Then I ran Wireshark on the Ubuntu server and selected the host network for my machines to begin capturing traffic. This consisted of basic ARP and DHCP traffic packets which are just asking who has this IP address and then assigning that IP address.



4. Then I was able to start testing my first real traffic between the two VM's using a simple ping command from Kali-Linux to Ubuntu. We can filter by ICMP, and we can see the ping traffic which may point to someone trying to map the network and should be watched if continually from the same source.



5. The next step was to intentionally set up and use a temporary FTP user for us to find them with Kali-Linux and capture the traffic with Wireshark. I did this by installing and running VSFTPD on the Ubuntu machine and then creating a new user with a password for the Kali machine to log into. This allowed me to capture and see FTP packets that showed the password in plain text which is why encryption is so important.



6. I then used NMAP to scan the ports of the Ubuntu machine from the Kali machine and captured the TCP packets in Wireshark. Wireshark begins to flag these red when it notices many incoming packets testing different ports with the same source and destination IP addresses milliseconds apart. I then was able to filter them further to identify that they were SYN packets which were testing the connection without fully connecting, indicating scanning that is most likely a nefarious reconnaissance.

